Just a reminder…
When going out for MD appointments please:
1. Notify Cindy W ahead of time so she can print off the paperwork your MD needs.
2. Return your paperwork to Cindy W OR one of the staff when you return so all new orders can be filled.
3. Notify Cindy W of any new or upcoming appointments.

DON’T FORGET KRISTY IS HERE if you need any changes in your cares, OR if you have any concerns or suggestions about your residency at Waterford Senior Living. The monthly resident council meetings and

Waterford Senior Living
301 S. Sixth St ~ Waterford, WI 53185 ~ 262-534-4800 ~ www.waterfordseniorliving.com
February 2013-March 3013

A Note From Kristy and Cindy W.

Hot Cocoa Bar

Every Monday afternoon this winter we are having a Hot Cocoa Bar. You can come down at 3:15 and get a big cup of hot cocoa and choose your fixings. We have marshmallows, peppermint, whip cream, sprinkle sugars and a cherry on top. Come on down and join us.

Up Coming Events!!
The monthly resident council meetings and follow up resident meetings seem to be going well. Thank you for all the wonderful suggestions. (It’s nice to have solutions along with concerns). I promise, we will never stop trying.

THERE WILL BE A FEW CHANGES WITH THE SPA. If I haven’t already, I will be coming to each of you to see if you would like to schedule a spa in place of a shower on a regular basis. If you choose to pass at this time but change your mind later, just let Kristy know and I’ll take care of it from there.

WSL Remembers
Wally Maas 8/27/1923-2/20/2013

Easter Dinner for the Residents-March 28th
Baseball Tailgate Party-April 18th
Kentucky Derby-May 3rd
Mother’s Day Lunch-May 9th

Guess! Sink! Win!

The bucket is out on the ice and we are waiting on Spring to warm up the pond so the bucket falls thru. We have all placed our bets on the calendar to see who gets the closest to the date it falls thru. The winner will receive a lovely prize. Hopefully it won’t be toooooo long before we have a winner.
Pancake Day was a huge success this year. We started out the day with our annual Pancake Race. We had to wear a bandana and apron and carry a skillet with a pancake in it. We started out the race by flipping a pancake. Then we “ran” the course and had to flip the pancake again when we crossed the finish line.

We followed it up with our Pancake Flipping Contest. We had to see how many times we could flip a pancake in 30 seconds. Then the Pancake Eating Contest where we had to eat 1 pancake. Trophies were handed out to all event winners.

In the afternoon we had the traditional English High Tea with fancy cookies. We all wore our fancy hats. Our Ecumenical Shrove Tuesday Service was done by Deacon Carl and Marge from St Thomas Church. It was a wonderful day.
Pancake Race
Pancake Flipping Contest
Wacky Winter Waces

Ice Cube Relay
We had to move an ice cube from one table to the next without using our hands. Pretty tricky. They are very slippery.
Toilet Paper Toss
We threw a roll of toilet paper to see how far it could go. We were surprised to see just how far they could go and how much paper we could unroll.
What better way to beat the winter blahs than to have some fun, goofy games. We had ooooodles of fun acting silly.
Snowball Toss

OK. So we used giant marshmallows instead. It was a lot less messy. If you got a marshmallow in the hole it was 5 points and if you got one to stay on the board it was 2 points. Not easy to get a rolling, round thing to stay put on a sloped surface.
This year we are traveling the United States without leaving our home. Every week we will be “traveling” to a different state until we have traveled to all 50 states and the District of Columbia. We have been having so much fun. So far we have traveled to Hawaii, New York, Minnesota, Ohio, Wisconsin, Nevada, Georgia and Connecticut. We have had some fun along the way and learned a lot about this great country of ours.

In Hawaii we learned to hula and we made a fruit salad. New York we had big pretzels like you would get from one of the street vendors. Georgia we sampled fresh and canned peaches to see which we liked better.

When we were traveling to Minnesota, Gene Sandval from Norway Church came and brought us lefese and krumkaka to sample. Those were quite good. It was right before their lutefisk dinner.
When we traveled to Wisconsin, Jay Noble came from Noble View Creamery where they make cheese. He talked all about the production of cheese from milking the cows to getting it into the stores. We got to sample fresh cheese curds and several varieties of cheese. They were delicious.

The next states we will be going to are: Maine, Nebraska, California, Illinois, Alabama, Kentucky, Florida, Montana, Alaska, Oklahoma, Maryland and Michigan in that order. If you have any fun artifacts from any of these places that you have traveled to let us know.
Meet Your New Neighbors

Helen Martin

Helen moved in on Feb 18th, 2013. Helen had a few jobs in her day. She worked at Burlington Hospital as a nurse's aide for 6 years and worked at the Cooper factory making men's underwear. She was born in the town of Norway but has lived in Waterford her whole married life. She and Jack have been married 60 years this April. Helen has 5 children. 4 daughters: Linda in Burlington, Donna in Waterford, Ann in Burlington and Mary Jo in East Troy. She has a son John that lives in South Carolina. Helen has 13 grandchildren and 5 great-grandchildren.

Helen was very active at St Thomas Church. She was a member of the Ladies Guild and helped with many of the church dinners. She crochets and likes to read. She is a big Sheepshead player and used to play the piano.

Jack Martin

Jack moved in on Feb 18th, 2013. Jack worked for the Wisconsin Gas Company for 43 years. He was born in the town of Brighton but has lived in Waterford his whole married life. Jack and Helen have been married 60 years this April. Jack has 13 grandchildren and 5 great-grandchildren.

Jack was very active at St Thomas Church. He was a member of the St Vincent de Paul Society for many years. Jack is a big Packer and Sheepshead player.
Mary Uhlenhake

Mary moved in on March 11\textsuperscript{th}, 2013. Mary worked at the Warrenville Egg Basket and at Martin’s Electronics. After she retired she went back to Martins and worked part-time. She was born in Brighton. Mary moved here from Burlington. Mary and Jack have been married 62 years this April. Mary has 4 children. 2 daughters: Vicki in Elkhorn, and Meg in Thorp. She has 2 sons: Ed in Richland Center and Greg in Burlington. Mary has 10 grandchildren and 12 great grandchildren. Mary loves to play Sheepshead. She was in a card club for many years. Mary and her husband loved to dance. She is a big Brewers and Packers fan. She likes western music and to read mysteries.

Jack has 5 children. 4 daughters: Linda in Burlington, Donna in Waterford, Ann in Burlington and Mary Jo in East Troy. He has a son John that lives in South Brewer fan. He likes to read and play Sheepshead. Jack had fantastic flower gardens and liked to fish.
Birthday Lunches

We had Birthday Lunch in February. We honored 4 birthdays: Louise, Jim F, Red and Marie. Our March Birthday Lunch was held to honor just 1 birthday: Pat S. All of our birthday folks received a gift certificate to the WSL Salon. Happy Birthday everyone!! Thanks to Barb for making our beautiful cakes.

Jack Uhlenhake

Jack moved in on March 11th, 2013. He worked as a mechanic and also hauled milk. He worked for the Town of Burlington Highway Department for 27 years. After he retired he drove school bus. He was born in Elkhorn. Jack moved here from Burlington. Jack and Mary have been married 62 years this April.

Jack has 4 children. 2 daughters: Vicki in Elkhorn, and Meg in Thorp. He has 2 sons: Ed in Richland Center and Greg in Burlington. Jack has 10 grandchildren and 12 great-grandchildren.

Jack is a veteran of the Army. He liked to do woodworking and gardening. He made a lot of furniture: he made rocking chairs for all of his grandchildren. He is also a big Brewers and Packers fan. He was a member of the Burlington KC’s.
Employee of the Month

The Employee of the Month for January and February were Mina and Deb respectively. Their peers said that Mina is a great person to work with. She is always willing to help out. Deb was nominated by her peers because she is always willing to come in a help out. She is an efficient worker. Congratulations to these 2 fine ladies. Thanks for helping make Waterford Senior Living a great place.