A Note From Kristy and Cindy W.

Just a little reminder to residents and families…. When going out for the holidays please don’t forget to:

1. Please let the girls at the front desk know ahead of time. This helps the kitchen know how many to cook for and the care staff can start to preassemble some of the meds you need to take with you.

2. That being said, allow enough time when getting picked up to get your medications. Our staff is very busy helping everyone and may not be able to get your medications packed up as fast as you would like. Please know, it will be done as fast as they can but your patience IS ALWAYS VERY MUCH APPRECIATED.

Nurse Nancy Notes

This month I would like to share a few tips about hearing aids that may be helpful for individuals that wear them or for family members that may be involved in helping those with hearing aids.

Often times individuals take hearing aids out and misplace them. It is possible to have the person’s name put on the hearing aids so, if you are in the process of purchasing new ones, this may be something you are interested in. If you already have them, I am sure you can go back to the audiologist and have this done. There is something called an “otoclip” that can be attached to each hearing aid so that it clips to the back of the shirt. I’m sure you have heard of situations when hearing aids are missing and there is always the possibility that they have been thrown out. The clips may help avoid this from happening.
3. After you receive your medications please check them over and make sure you have everything you need.

4. Please make sure to sign out when you leave and sign back in when you return.

5. Don’t forget if you want a family get-together at our facility there are still dates available if you would like to reserve the private dining room and parlor. Just let Kristy know if you are interested and I will check the calendar for availability.

6. Enjoy your holidays and please Be Safe!

It is a good practice to automatically choose a day of the week and change the batteries each week on that day. This is especially important for any individuals suffering from dementia who may not always make his/her needs known. The hearing aid battery may be dead and the individual does not alert anyone, therefore, his or her hearing is greatly impaired. If there is a dead battery, it is the same as having NO hearing aid. It is best to keep batteries at room temperature. If they are kept in the refrigerator, they should sit out at least 5 minutes before putting them into the hearing aids to avoid condensation.

Be aware that each hearing aid is marked by color: Blue is the left ear and Red is the right.

If you are assisting with putting the hearing aids in for an individual, cup your hand around the hearing aid after you put the battery in and before you place it in the individual’s ear. You should hear a “humming” sound if they are working.

Kind Regards
Nancy Daniels, RN, BSN
Delegating RN at Waterford Senior Living
Trick-or-Treat

Halloween brought ghosts and goblins here to trick-or-treat. We had so much fun with the Kindergarten, 1st and 2nd graders from St Thomas School. They came and walked our halls to get goodies. Then we all met in the dining room and they sang songs and did a skit for us. Then we did our skit based on the book, “Go Away, Big Green Monster.” We all had a great time.
On Veteran’s Day we honored all of our veterans. We have a display of 6 different uniforms, 1 from each branch of the service.
Thanks to residents, family and friends for helping us find all of these uniforms. We wish to honor Cal, Alex, Jack M., Bill, Jack U., Jim, John Z., Zac, Dusan and Steve. We also would like to honor Ben who is a guard member now. Thank you for your service. Thanks also to Allay Hospice and Gentiva Hospice for coming and putting on 2 wonderful ceremonies honoring our Veterans.
Waterford Senior Living

Family Christmas Open House

Saturday, December 7th
1:30-3:00pm
Cookies and Hot Cocoa Bar
Santa will be here.
Have a family picture taken in front of the Christmas Tree or with Santa.

RSVP By Dec 1st: 262-534-4800
This year we are traveling the United States without leaving our home. Every week we are “traveling” to a different state until we have traveled to all 50 states and the District of Columbia. We have had some fun along the way and learned a lot about this great country of ours. Every week we listen to the state song, take a state trivia quiz and watch videos and sometimes taste food from that state.

When we went to Washington we tasted good old Washington Apples. In Colorado we saw a video about the Rocky Mountains. In Arkansas we learned how Wal-Mart and Sam Walton got started. We also went on a tour of Hot Springs National Park. In Utah we toured the Mormon Tabernacle and listened to the choir. Virginia is the first place in the US that peanuts were grown so we had peanuts from Virginia.

Our next newsletter will have us traveling to different countries.
Did you get this newsletter in the mail? If so, please fill out the enclosed card with your email address so we can start to send these electronically. We are trying to reduce costs and this is one way we can save some money.

Our elves have been making a list when they see something our residents may be lacking or could use. If you need any suggestions, just give us a call & we’ll get you some ideas.

Christmas always brings out the “giving spirit” in so many of us. Our residents and families are so generous throughout the year, it often feels like Christmas much more often than December. This brings up a very delicate subject that we feel we need to share every year. We do not expect nor do we assume you to include us in your gift giving at Christmas Time. We understand so many of you are so appreciative to our staff and want to say Thank You, however it is a policy of our facility that NO ONE STAFF MEMBER MAY ACCEPT ANY GIFTS OF ANY KIND. To offer a compromise to this policy, gifts can be accepted if they are for THE ENTIRE STAFF. For example: Plates of cookies, fruit, pizza, gift certificates to be used at our staff party. Please understand, your support, kindness and thank you’s are the only gifts we need. On behalf of our entire Waterford Senior Living Family, we wish you all a blessed, happy, safe, healthy holiday season and thanks to all of you.

NEED SOME IDEAS FOR YOUR LOVED ONES FOR CHRISTMAS?
Meet Your New Neighbors

Avis Schaal

Avis moved in on September 30th, 2013. She spent her childhood in Burlington. After she was married she lived on a farm on Hwy 20 outside of Waterford. Avis was a school teacher for 41 years, starting at Caldwell School teaching all 8 grades and then moving to Waterford Graded School. Avis has 4 children. Her son Kenneth lives in Virginia. She has 3 daughters: Susan in Rochester, Carol in Manitowoc and Pat in Rochester. She has 8 grandchildren and 16 great-grandchildren. Avis loved being a teacher. She really misses being with the kids. She likes to read, watch old movies, play cards and play with her great-grandkids. She used to play the clarinet and do calligraphy. She likes to watch the Packers and the Brewers.

Marge Terry

Marge moved in on November 3rd, 2013. She was born in Iron Mountain Michigan. She moved here from Racine where she lived for 60 years. Marge did the billing for TransAmerica Freight Lines. Marge has 6 children. Her son Rhonda in Waterford. She has 11 grandchildren and 15 great-grandchildren. Marge LOVES the Packers. She plays Sheepshead and bridge. Marge likes to read, especially Nora Roberts books. She used to...
Donna Peterson

Donna moved in on August 8th, 2013. She was born in Tigerton, WI. She lived in Rochester for 45 years. Donna was a school secretary for the Waterford Graded School and Middle School and East Troy High School. Donna has 4 children. 3 sons: Eric in St Croix Falls, Craig in Pennsylvania and Alan in Glen Ellyn, IL. She has a daughter, Brenda in Fox Point. Donna has 10 grandchildren and 9 great-grandchildren. Donna is a member of Norway Church. She likes to read, do word puzzles and was surprised to find that she likes to play bingo. Donna is a fun, happy lady.
Dorothy Kerkman

Dorothy moved in on November 2\textsuperscript{nd}, 2013. Dorothy was a homemaker. She was born in Basset but lived her whole married life in Wheatland. Dorothy is married to Stan. They celebrated 64 years together this year.

Dorothy has 4 children. 2 sons: Ken is Wheatland and Gary in Wheatland. She has 2 daughters: Diane in East Troy and Patty in Wheatland. She has 14 grandchildren and 25 Great-grandchildren. Stan moves in on November 2\textsuperscript{nd}, 2013. Stan worked construction as part of Kerkman Brothers Construction. He was born in New Munster but lived his whole married life in Wheatland. Stan is married to Dorothy. They celebrated 64 years together this year.

Stan is a happy guy and full of fun. He loves to play Sheepshead. Stan was a member of the Kenosha County Board for 20 years and a Trustee for 20 years. Stan says she was a really good cook and made very good homemade bread. She likes to read the paper and is a big Brewers fan.

Dorothy says she was a really good cook and made very good homemade bread. She likes to read the paper and is a big Brewers fan.
Stan has 4 children. 2 sons: Ken is Wheatland and Gary in Wheatland. He has 2 daughters: Diane in East Troy and Patty in Wheatland. He has 14 years at a Trustee at St Alphonsus Church for 15 years. He is a big Brewers and Packers fan.

Thanksgiving WSL style.
We will be celebrating Thanksgiving here with fine dining on Nov 21. This is for residents only. Please dress as you would if you were going out to a nice restaurant. The festivities will start at 11:45.

Christmas WSL style.
We will be celebrating Christmas with a fine dining meal on December 19th at the noon meal. This is a fancy dress up occasion. This is for residents of WSL only.

New Year’s Eve WSL style.
Every year some of the High School students come and put on a New Year’s Eve Party. We will start at 7 pm. Adult family members are welcome to attend. We will play some games, have some fun and toast in the new year. We’ll even have our own ball drop like in New York.
Christmas Door Decorating Contest

Every Year we at WSL have a door decorating contest to celebrate Christmas. Nothing can be hung up until after Thanksgiving. The judging will take place on December 7th in the morning. There are a few rules to follow:

1. Please do not use nails, only painters tape or 3 M hooks.
2. Please keep the floor clear. Everything must be on the door or ledge by door or hung from the ceiling.

Prizes will be awarded in these categories:

- Best Use of Snowmen
- Best Traditional
- Best Religious
- Most Colorful
- Most Christmas-y
- Best Wreath
- Best Family Theme
- Several Honorable Mention
We had Birthday Lunches to celebrate the October and November Birthdays. They were John Z., Jake, and Rose L. The November birthdays were Gene and Avis. All of our birthday folks received a gift certificate to the WSL Salon. Happy Birthday everyone. Thanks to Barb for making our beautiful cakes.